



Travel Visits and Vaccines

Tennessee Family Medicine has the following vaccines available:

Adacel (Tetanus with Pertussis) Tdap

Tetanus booster Td

Hepatitis B

Pneumococcal prevention: Pneumococcal 23 vaccine *and* Prevnar 13 vaccine

Influenza vaccines yearly

We do not carry these: These are either too expensive to stock, controversial, or not covered.

Shingles - this usually falls under prescription coverage, not medical.

Hepatitis A

Meningococcal

MMR (Measles, Mumps, Rubella - may need to pre-order before visit)

Chicken Pox vaccine - Childhood vaccine

HPV / Gardasil - controversial, safety under question.

Hib - Haemophilus influenzae type b - Childhood vaccine.

Yellow Fever, Childhood vaccine series, or any other vaccine not listed above.

Foreign Travel Questions: If you are traveling overseas and have concerns we can offer help with:

Typhoid vaccine - live oral vaccine by prescription to fill at pharmacy. One capsule every other day for 4 doses. You'll need to complete this a week before you travel)

Malaria Prophylaxis (Malarone, Doxycycline, Chloroquine, Mefloquine, Primaquine) prescription.

Travelers Diarrhea - prevention and antibiotics for travel just in case

Altitude Sickness prevention - Prescription and tips.

Counseling - CDC recommendations and vaccine review covered at office visit.

*Some vaccines or treatments may require early treatment before you leave and some require blood testing before starting.

You can prepare for travel by visiting the CDC Travel website as soon as you are aware of travel plans:

www.CDC.gov - click on Traveler's Health and search for your destination

If you require other vaccines that we do not carry they should be available at:

Vanderbilt Travel Clinic - 1.615.936.1174

Shots Etc. - Nashville

7648 Hwy 70 S. at I40

1.615.469.7413

Passport Health - Brentwood

www.passporthealthusa.com

1.615.465.8427

Be Prepared and Plan Ahead Accordingly so you won't have to worry about your trip